

Sodoma scores 3 touchdowns as Valley advances

By Jeff Dahn

The Gazette

CEDAR FALLS — Matt Sodoma is a game-breaker, capable of breaking the big play and breaking his opponents' hearts in the process.

Last night he did both.

Sodoma scored three touchdowns and dominated play from his linebacker position on defense to help Valley Community of Elgin to a 21-6 win over West Hancock in a Class A playoff quarterfinal at the UNI-Dome.

Third-ranked Valley (11-0)

will return to the UNI-Dome for the semifinals Saturday, when it will play No. 2 North Mahaska (11-0) at 10 a.m. with a berth in the finals at stake.

It will be the Tigers' second trip to the semis in the last three years.

Tenth-ranked West Hancock, coached by the legendary Bob Sanger, finished 9-2.

Last night belonged to Sodoma and his Valley teammates. A 5-foot-9, 205-pound senior, Sodoma carried the ball 22 times for 130 yards and two touchdowns, and also

returned a kickoff 88 yards for a TD.

"(West Hancock) played good defense, and I was kind of worried at times, but we stepped it up and got it done," Sodoma said. "We're excited to be moving on but we still have some work to do."

Valley Coach Chad Beermann knows he's lucky to have Sodoma line up on both sides of the ball and on special teams.

"He's just tremendous," Beermann said. "He had the

big plays for us in the first round against Riceville and he had the big plays tonight."

Sodoma scored both of his rushing touchdowns in the second half, the first on a 2-yard plunge off left tackle that gave the Tigers a 14-6 lead with 4:01 left in the third quarter and the second on a 34-yard run that made it 21-6 and broke the Eagles' back with 44 seconds left.

This was meat-and-potatoes football with an occasional exotic — such as a forward pass — thrown in for good

measure. Valley finished with 211 yards on 45 rushing plays and West Hancock with 236 on 59 plays. Valley passed for another 52 and West Hancock for another 57.

The Eagles' John Mallen led a balanced rushing attack with 102 yards on 15 carries.

"We know they have an outstanding program and I have the utmost respect for Coach Sanger," Beermann said. "We knew it would be a hard-hitting game."

A scoreless first quarter that yielded a combined 101

yards of total offense gave way to a second quarter in which all the scoring was done in a 12-second burst early in the frame.

West Hancock got on the board first when Mallen scored on a 6-yard run to cap a 16-play, 70-yard drive at 11:41 of the second period.

Sodoma fielded the ensuing kickoff on his 12-yard line and shot up the middle for an 88-yard touchdown at the 11:29 mark of the period.

■ Contact the writer: (319) 368-8841 or jeff.dahn@gazettecommunications.com

Cedar Falls routs Kennedy, 52-20

By Jeff Dahn

The Gazette

CEDAR FALLS — The last thing Cedar Rapids Kennedy could afford to do last night against Cedar Falls was get in a deep, early hole.

It wasn't the last thing the Cougars did. It was the first thing.

Kennedy fumbled the ball away on its first four possessions, leading to 21 points for the Tigers, and Cedar Falls cruised past the Cougars, 52-20, in Class 4A playoff quarterfinal game late last night at the UNI-Dome.

It was the second straight playoff game in which Cedar Falls blew out a Metro school. The Tigers beat Washington, 51-7, in last week's first round.

Seventh-ranked Cedar Falls (10-1) will play No. 4 Davenport Assumption (11-0) in a Class 4A semifinal Friday back the UNI-Dome.

Kennedy finished 8-3.

The Cougars lost fumbles fielding the opening kickoff, on the ensuing kickoff after Cedar Falls turned the first one into a TD, then on two plays from scrimmage involving a run by Herve Cantrell and a pass reception by Darren Hlavacek. Those turnovers left them in a 21-0 hole with 3:30 left in the first quarter.

Cedar Falls' first three touchdowns came on runs of 3 and 1 yards by Taylor Brookins and a 9-yard pass from Ben Curran to Schuyler Oordt. Those possessions started on the Kennedy 36, the Cedar Falls 40 and the Kennedy 25, dooming the Cougars from the start.

As everyone in the Mississippi Valley Conference knows, the Tigers simply have to potent of an offense and too stingy of a defense to allow teams to come back on them.

Kennedy did get on the board in the second quarter, thanks to a Luke Dolan recovery of a Brookins fumble



Jim Slosiarek/The Gazette

Cedar Rapids Kennedy's Herve Cantrell eyes the end zone as he runs from Cedar Falls' Bryce Duchman during the first half of their game at the UNI-Dome on Monday in Cedar Falls.

Kennedy finished with 397 yards, but most came well after the outcome had been decided. Lamaak completed 13 of 24 passes for 197 yards and one TD and Cantrell led a balanced rushing attack with 77 yards.

on the Tiger 15. Cantrell hauled in a little flair pass from Ben Lamaak and covered the 15 yards into the end zone.

It broke a streak of 72 straight unanswered points by the Tigers in two playoff games.

But Cedar Falls wasn't finished. It added a 29-yard field goal from Spencer Steffy with 1:54 left in the first

half, then turned a possession it started on the Cougar 47 into a 2-yard scoring pass from Curran to Stu Craig with 2 seconds left before intermission.

That left the score 31-6 after a first half in which Kennedy lost a total of five fumbles.

The Tigers tacked 21 more points on the board in the second half on a 13-yard run

by Craig, a 18-yard pass from Curran to Tyler Parker and a 54-run by Andrew Tindall.

Kennedy kept the continuous clock going on and off by getting a pair of TDs from sneaks by Lamaak, the first covering 2 yards and the second 1 yard.

Cedar Falls finished with an eye-popping 585 yards of total offense — 296 through the air and 287 on the ground.

Curran, one of the favorites for the Class 4A first team all-state quarterback selection, was brilliant, throwing to Oordt, Craig and twin brother Nate Curran with pinpoint accuracy.

He completed 18 of 27 passes for 296 yards and two touchdowns after completing 14 of 20 for 246 yards and a TD in the first half alone.

Brookins led the Tiger rushing effort with 121 yards on 13 carries. Tindall came off the bench in the fourth quarter to finish with 86 yards on four carries.

Kennedy finished with 397 yards, but most came well after the outcome had been decided. Lamaak completed 13 of 24 passes for 197 yards and one TD and Cantrell led a balanced rushing attack with 77 yards.

■ Contact the writer: (319) 368-8841 or jeff.dahn@gazettecommunications.com

City/Gobush scores TD

► FROM PAGE 1C

Assumption gained only one yard on its drive, but Schebler booted a 52-yard field goal that bounced off the crossbar for a 10-0 lead at the 7:49 mark.

On their next possession, the Knights took a 13-0 lead on a 47-yard field goal by Schebler with 2:30 remaining.

"We gave them field position right away and that made it tough," Sabers said.

Trailing 16-0, City High's offense finally got going in the third quarter, driving 80 yards in 10 plays for its only score. Junior tailback Travis Gobush got the Little Hawks on the scoreboard with an 8-yard run with 4:14 left.

Gobush had 45 of his game-high 158 yards rushing on the drive.

The Little Hawks were driving for another score early in the fourth quarter when the Knights stepped up and made two big plays.

On 2nd-and-10 from the Assumption 35, senior lineman Michael Manternach sacked City High quarterback Jon Gilmore for a 5-yard loss. Lineman Fritz Bentler then had an interception on a tipped pass to stop the scoring march.

"We studied their offense very well over the week. We just came in wanting to shut this team down," Manternach said. "We took care of business on defense."

The Knights added an insurance touchdown on a 4-yard run by Macky Pangburn with 1:41 left. Pangburn finished with 113 yards rushing.

■ Contact the writer: (319) 339-3177 or john.riehl@gazettecommunications.com

Regina/Ground game tough

► FROM PAGE 1C

Regina (10-1) managed 326 yards on the ground on 73 carries. O'Connell, a senior who was out just one series with a minor injury, rushed 31 times for 141 yards.

Evans said the one-two punch of Murray and O'Connell was commanding.

"We went to a different set and by gosh did it work," Evans said. "Murray's got that quicker step being a soccer player, and putting him and O'Connell in the backfield it's hard to know who you should key and watch."

While the Regals owned their home turf, West Branch (10-1) couldn't get much going on offense. Quarterback Caleb Walter led the Bears with 50 yards on 14 carries, but went just 8-of-21 passing for 44 yards and an interception.

"They controlled the line of scrimmage on offense," West Branch Coach Butch Pedersen said. "I thought we were doing things pretty well, and it was only 7-0 at halftime. You've got to score to win anyway. We weren't able to do that."

Evans credited his defense for pressuring Walter, who had been averaging 156 passing yards a game and had 100-plus yards passing and rushing during West Branch's 13-10 win over Regina in Week 3 of the regular season.

"They're a fantastic offensive team," Evans said.

O'Connell, who missed the first West Branch game with an injury, said the Bears' victory in Iowa City lingered until the playoffs.

"We played straight-up power football tonight," he said.

North Mahaska blasts Lisbon

By Jeff Johnson

The Gazette

LISBON — Let's throw this out there immediately. North Mahaska is not just Levi Ferguson.

It's the record-setting senior running back who gets most of the hype. When you run for 2,500 yards, average 13 yards a carry, score 50-plus touchdowns in a season and break the state record for career TDs and points, you're going to be talked and written about a lot.

But the Warhawks are far more than a one-man gang. Proof came in last night's 54-16 blowout of Lisbon in a Class A state playoff quarterfinal.

Sure, Ferguson got his. He was "held" to 134 yards on 27 carries and scored four times to increase his season touchdown total to 59, one shy of the state record, and his career total to a state-record 124.

But it was quarterback Joel Stout who accounted for 250 yards and three touchdowns, including 152 yards and two TDs passing. And it was Caleb Stout who caught a long touchdown pass from his cousin and had two interceptions, including one he ran back 64 yards for a TD.

North Mahaska (11-0) is one very good football team. One

that matched its season average of 50 points per game.

"They kind of keyed on me tonight (defensively)," Ferguson said. "We know we've got other players on the team, and we had some players who stepped up. Joel and Caleb, they stepped up big tonight and had huge games for us."

"Levi gets the bulk of the press, but we've got a lot of other guys who can do a lot of other things," said North Mahaska Coach Steve Ehret. "And we showed that tonight."

Lisbon Coach Kent Allison didn't sugarcoat things after the game. His Lions had a tremendous 10-1 season and a lot of things to be proud of.

But ...

"They're better," Allison said simply. "I can break this down — we do this, they do that. But it's probably a 1-in-20 game that we win. They've got the weapons. We tried some things defensively, but they're good enough to exploit it. The option was something we knew we were going to be susceptible to, and they ran it better than I thought (they would)."

That's where Joel Stout comes in. The senior, whose a quarterback despite wearing a running back's number (21), continually faked inside handoffs to Ferguson and

headed for a wide-open outside. Or he faded back and threw the football, completing six of seven throws.

North Mahaska outgained Lisbon by a 432-202 margin. A Devin Fox 13-yard touchdown run and two-point pass from sophomore quarterback Trent Rasmussen to Jordin Bakke gave the Lions an 8-7 lead after a quarter, but North Mahaska scored 28 second-quarter points for a 35-16 half-time lead, added eight unanswered points in the third quarter and 12 more in the fourth.

"When you're the underdog, you come out fired up," Joel Stout said. "We didn't match them in the first half. But we came back in the second half, and matched their intensity, I thought."

Lisbon's other touchdown came on a 46-yard pass from Rasmussen to Bakke, who's also a 10th-grader. Running back Zach Butteris ended a fine senior season for the Lions with 104 total yards, including 75 rushing.

"Our stumbling block has been the quarterfinals," Allison said. "I'm 0-3 in them, Lisbon as a total is 0-5. So we've had five teams get to the quarterfinals, and that's a hurdle that's still there."

■ Contact the writer: (319) 398-8259 or jeff.johnson@gazettecommunications.com



Cliff Jette/The Gazette

Lisbon quarterback Trent Rasmussen (14) is tackled by Brett Morris (64) of North Mahaska as he tries to pass during the first half of a Class A quarterfinal at Lisbon High School in Lisbon on Monday. Rasmussen's pass was intercepted by North Mahaska and returned for a touchdown.

Sportsday

EVENTS OF AREA INTEREST

Prep volleyball

- State championships at U.S. Cellular Center

Men's basketball

- Wartburg at Iowa (exhibition), 7:05 p.m.

College volleyball

- Mount Mercy in Midwest Classic Conference tournament

College wrestling

- Simpson at Cornell, 7 p.m.

ON TELEVISION

(Live and first-run events only)

Pro tennis

- WTA Tour Championships: Round-Robin, 9:30 p.m. ESPN2

College football

- West Virginia at Cincinnati, 6:30 p.m. ESPN2

Pro basketball

- Miami Heat at Indiana Pacers, 7 p.m. ESPN
- Golden State Warriors at Chicago Bulls, 7:30 p.m. CSN
- Sacramento Kings at Denver Nuggets, 9:30 p.m. ESPN

Prep football

State Playoffs

CLASS 3A QUARTERFINALS

Tuesday

Harlan 48, Waukee 17
LeMars 7, Clear Lake 3
West Delaware 29, Decatur 27
Williamsburg 24, Grinnell 14

CLASS 2A QUARTERFINALS

Tuesday

Sheldon 14, Ft. Dodge St. Edmond 7
Anmore PCM 35, Clarinda 18
Solon (10-0) vs. North Fayette (10-0), late

CLASS 4A SEMIFINALS

Friday

Cedar Falls (10-1) vs. Davenport
Assumption (11-0), 4:30 p.m.
W.D.M. Valley (11-0) vs. W.D.M.
Dowling (10-1), 7:30 p.m.

CLASS 3A SEMIFINALS

Monday

LeMars (10-1) vs. Harlan (11-0),
4:30 p.m.
Williamsburg (8-3) vs. West Dela-
ware (11-0), 7:30 p.m.

CLASS 2A SEMIFINALS

Monday

Solon/North Fayette winner vs. Sig-
ourney-Keota (11-0), 10:30 a.m.
Sheldon (11-0) vs. PCM Monroe
(10-1), 1:30 p.m.

CLASS 1A SEMIFINALS

Friday

Iowa City Regina (10-1) vs. Dike-
New Hartford (8-3), 10:30 a.m.
Council Bluffs St. Albert (8-3) vs.
Algonia Garrison (9-2), 1:30 p.m.

CLASS 4A SEMIFINALS

Saturday

Valley Community (11-0) vs. North
Mahaska (11-0), 10 a.m.
West Bend-Mallard (11-0) vs. Avo-
ca AHST (11-0), 1 p.m.

EIGHT-PLAYER SEMIFINALS

Saturday

Glidden-Raiston (10-0) at Northeast
Hartford (9-1)
Lenox (10-0) at Essex (10-0)

West Delaware 29

Decatur 27

AT UNI-DOME

WD DEC

First downs 14 19
Rushes-yards 35-138 41-294
Passing yards 184 100
Comp.-att-int 6-15-0 5-16-1
Punts-avg 4-35.6 3-33.3
Fumbles-lost 0-0 1-0
Penalties-yds 3-25 4-30

West Delaware 7

Decatur 6

Decatur 0

Decatur 21

Decatur 27

Decatur 27

Decatur 27

Decatur 27

Decatur 27

Decatur 27

Decatur 27

Decatur 27

Decatur 27

Decatur 27

Decatur 27

Decatur 27

Decatur 27

Decatur 27

Decatur 27

Decatur 27

Decatur 27

Decatur 27

Decatur 27

Decatur 27

Decatur 27

Decatur 27

Decatur 27

Decatur 27

Decatur 27

Decatur 27

Decatur 27

Decatur 27

Decatur 27

Decatur 27

Decatur 27

Decatur 27

Decatur 27

Decatur 27

Decatur 27

Decatur 27

Decatur 27

Decatur 27

Decatur 27

Decatur 27

Decatur 27

Decatur 27

Decatur 27

Decatur 27

Decatur 27

Decatur 27

Decatur 27

Decatur 27

Decatur 27

Decatur 27

Decatur 27

Decatur 27

Decatur 27

Decatur 27

Decatur 27

Decatur 27

Decatur 27

Decatur 27

Decatur 27

Decatur 27

Decatur 27

Decatur 27

Decatur 27

Decatur 27

Decatur 27

Decatur 27

Decatur 27

College football

Tuesday

SOUTH

Southern Miss. 27, Marshall 24 (OT)

Tonight

AP TOP 25

#16 West Virginia at Cincinnati

Thursday

AP TOP 25

#20 Fresno St. vs. Boise St.

SOUTH

Morgan St. at S. Carolina St.

Friday

AP TOP 25

#23 Louisville vs. Rutgers

Saturday

BIG TEN

Iowa at Wisconsin, 2:30 p.m.
Illinois at Purdue
Indiana at Michigan
Michigan State at Minnesota
Northwestern at Ohio State

BIG 12

Colorado at Iowa State, 6 p.m.
Baylor at Missouri
Kansas at Texas
Texas A&M at Nebraska
Texas A&M at Oklahoma State
Texas Tech at Oklahoma State

GATEWAY

So. Illinois at Northern Iowa, 5:05 p.m.
Indiana State at Illinois State
Missouri St. at Western Illinois
Western Kentucky at Youngstown State

IOWA CONFERENCE

(All games at 1 p.m.)

Buena Vista at Central
Loras at Dubuque
Simpson at Coe
Wartburg at Cornell

OTHER IOWA COLLEGES

Waldorf at Drake, noon
Bridgman at Doane (Nebr.), 1 p.m.
Midland at Northwestern College, 1 p.m.
Morningside at Dana (Nebr.), 1 p.m.
Midwest Nazarene at St. Ambrose, 1 p.m.
Oliver at Iowa Wesleyan, 1 p.m.
MidAm Nazarene at Graceland, 1:30 p.m.

First Team Defense

Linebackers — Jacob Krav, sr., C.R. Xavier; Ryan Busch, sr., Dubuque Senior; Derek Sindelar, sr., Linn-Mar; Linebackers — Matt McSweeney, sr., C.R. Jefferson; Joe Bedard, sr., C.R. Xavier; Eric Mack, sr., Dubuque Hempstead; Ryan Boehrer, sr., Iowa City High; Dorian Davis, sr., Iowa City High; Backs — Zach Schulte, jr., C.R. Xavier; Jake Baker, sr., Dubuque Senior; Punter — Bedard, C.R. Xavier.

Most valuable player

— Koepfel, Iowa City High

Coach of the year

— Dan Sabers, Iowa City High

Second Team Offense

Backs — Ryan Garman, jr., C.R. Jefferson; Mark Ribby, jr., Linn-Mar; Receivers — John McCarthy, sr., C.R. Xavier; Michael Biecher, sr., Linn-Mar; Linebackers — Matt Cerruto, sr., C.R. Xavier; Jay Teply, jr., C.R. Xavier; Dan Chmelar, sr., Dubuque Hempstead; Dylan Glaze, sr., Waterloo East.

Second Team Defense

Linebackers — Peter Lewison, sr., C.R. Jefferson; Matt Drapacek, sr., Dubuque Senior; Chad Heitz, sr., Dubuque Senior; Trevor Hixon, sr., Iowa City High; Linebackers — Chad Arp, sr., C.R. Xavier; James Groenewald, sr., Dubuque Hempstead; Nic Evans, sr., Iowa City High; Kwame Bevel, sr., Waterloo East; Backs — Cody Krup, sr., Dubuque Hempstead; Willie Hilkin, sr., Dubuque Senior; Kyle Espey, sr., Iowa City High; Andrew Reick, sr., Linn-Mar.

Valley Division

First team offense

Backs — Taylor Brooks, sr., Cedar Falls; Brady Curran, sr., Cedar Falls; Mike Kilby, jr., C.R. Prairie; Paki O'Meara, sr., C.R. Washington; Will Sues, sr., C.R. Washington; Zach Pena, sr., Waterloo West. Receivers — Ben Lamaek, sr., C.R. Jefferson; Chris Swift, sr., Dubuque Senior; Chris Russell, sr., Waterloo West. Linebackers — Christian Albrecth, sr., Cedar Falls; Brad Schieder, sr., Dubuque Hempstead; Matt Trosky, sr., C.R. Prairie; Ben Scott, sr., Iowa City West. Kicker — Jordan Grimm, jr., C.R. Kennedy.

First team defense

Linebackers — Adam Pickney, sr., C.R. Washington; Linebackers — Jordan Borcharding, sr., Cedar Falls; Joe Horak, Waterloo West. Receivers — Brady Loper, Cedar Falls; Teddy Shonka, C.R. Kennedy; Nick Lenzen, C.R. Washington; Nick Kunnert, Dubuque Senior; Linebackers — Mike Miller, sr., C.R. Kennedy; Mike Dolan, sr., C.R. Prairie; Robbie Krammer, sr., C.R. Prairie; Brandon Richman, sr., Dubuque Senior; Ross Samek, sr., Waterloo West. Backs — Nate Curran, sr., Cedar Falls; Matt Hartman, sr., Cedar Falls; Matt Hartman, sr., Cedar Falls; Will Windauer, sr., Iowa City West. Punter — Ryan Strotman, sr., Waterloo West.

Most valuable player

— O'Meara, C.R. Washington

Coach of the year

— Pat Mitchell, Cedar Falls

Second team offense

Linebackers — Ryan Laudick, Cedar Falls; Ron McVann, C.R. Kennedy; Brady Curran, sr., Cedar Falls; Chris Prior, C.R. Prairie; Ben Reutzel, C.R. Prairie; Matt Lampe, Dubuque Senior; Drew Bowers, Waterloo West. Linebackers — Andy Johnson, sr., C.R. Kennedy; Zach Topping, Iowa City West. Backs — Randy Shramek, C.R. Prairie; Steve Walker, C.R. Washington.

Second team defense

Linebackers — Ryan Laudick, Cedar Falls; Ron McVann, C.R. Kennedy; Brady Curran, sr., Cedar Falls; Chris Prior, C.R. Prairie; Ben Reutzel, C.R. Prairie; Matt Lampe, Dubuque Senior; Drew Bowers, Waterloo West. Linebackers — Andy Johnson, sr., C.R. Kennedy; Zach Topping, Iowa City West. Backs — Randy Shramek, C.R. Prairie; Steve Walker, C.R. Washington.

All-district

CLASS A DISTRICT 4

First team offense

Linebackers — John Grant, sr., Preston; Matt Spohn-Alger, sr., Linn-Mar; Josh Traver, sr., East Central; Chris Fisher, jr., Albion; Ansborn, jr., Edgewood-Colesburg; Kraig Sieger, sr., Edgewood-Colesburg; Mike Ahrendsen, sr., Olin; Mitch Blythe, jr., Central City. Running backs — Mike Peterson, sr., Preston; Chad Butters, sr., Albion; Eric Alinker, sr., East Buchanan; Chase Forkenbrock, sr., Edgewood-Colesburg. Quarterbacks — Trent Rasmussen, so., Linn-Mar; Corey Johnson, sr., Albion. Receiver — Dan Malloy, so., Springfield; Brock Silver, sr., Olin. Kicker — Mat Hansen, sr., Olin.

Most valuable player

— Colton Hansen, sr., Olin

First team defense

Linebackers — Joe Wenzel, jr., Preston; Brett Wukuhle, sr., East Buchanan; Josh Traver, sr., East Central; Chris Fisher, jr., Albion; Ansborn, jr., Edgewood-Colesburg; Kraig Sieger, sr., Edgewood-Colesburg; Mike Ahrendsen, sr., Olin; Mitch Blythe, jr., Central City. Running backs — Mike Peterson, sr., Preston; Chad Butters, sr., Albion; Eric Alinker, sr., East Buchanan; Chase Forkenbrock, sr., Edgewood-Colesburg. Quarterbacks — Trent Rasmussen, so., Linn-Mar; Corey Johnson, sr., Albion. Receiver — Dan Malloy, so., Springfield; Brock Silver, sr., Olin. Kicker — Mat Hansen, sr., Olin.

Second team offense

Linebackers — John Grant, sr., Preston; Matt Spohn-Alger, sr., Linn-Mar; Josh Traver, sr., East Central; Chris Fisher, jr., Albion; Ansborn, jr., Edgewood-Colesburg; Kraig Sieger, sr., Edgewood-Colesburg; Mike Ahrendsen, sr., Olin; Mitch Blythe, jr., Central City. Running backs — Mike Peterson, sr., Preston; Chad Butters, sr., Albion; Eric Alinker, sr., East Buchanan; Chase Forkenbrock, sr., Edgewood-Colesburg. Quarterbacks — Trent Rasmussen, so., Linn-Mar; Corey Johnson, sr., Albion. Receiver — Dan Malloy, so., Springfield; Brock Silver, sr., Olin. Kicker — Mat Hansen, sr., Olin.

Second team defense

Linebackers — John Grant, sr., Preston; Matt Spohn-Alger, sr., Linn-Mar; Josh Traver, sr., East Central; Chris Fisher, jr., Albion; Ansborn, jr., Edgewood-Colesburg; Kraig Sieger, sr., Edgewood-Colesburg; Mike Ahrendsen, sr., Olin; Mitch Blythe, jr., Central City. Running backs — Mike Peterson, sr., Preston; Chad Butters, sr., Albion; Eric Alinker, sr., East Buchanan; Chase Forkenbrock, sr., Edgewood-Colesburg. Quarterbacks — Trent Rasmussen, so., Linn-Mar; Corey Johnson, sr., Albion. Receiver — Dan Malloy, so., Springfield; Brock Silver, sr., Olin. Kicker — Mat Hansen, sr., Olin.

All-conference

MISSISSIPPI VALLEY CONF.

Mississippi Division

First Team Offense

Backs — Trevor Neff, sr., Dubuque Hempstead; Jayme Murphy, sr., Dubuque Senior; Travis Goshaw, sr., Iowa City High; Hunter Smoak, jr., Linn-Mar; Michael Micou, sr., Waterloo East; Receivers — Robbie Foley, sr., Dubuque Hempstead; Zach Hodges, sr., Dubuque Senior; Ben Evans, sr., Iowa City High.

First Team Defense

Linebackers — Jacob Krav, sr., C.R. Xavier; Ryan Busch, sr., Dubuque Senior; Derek Sindelar, sr., Linn-Mar; Linebackers — Matt McSweeney, sr., C.R. Jefferson; Joe Bedard, sr., C.R. Xavier; Eric Mack, sr., Dubuque Hempstead; Ryan Boehrer, sr., Iowa City High; Dorian Davis, sr., Iowa City High; Backs — Zach Schulte, jr., C.R. Xavier; Jake Baker, sr., Dubuque Senior; Punter — Bedard, C.R. Xavier.

Most valuable player

— Koepfel, Iowa City High

Coach of the year

— Dan Sabers, Iowa City High

Second Team Offense

Backs — Ryan Garman, jr., C.R. Jefferson; Mark Ribby, jr., Linn-Mar; Receivers — John McCarthy, sr., C.R. Xavier; Michael Biecher, sr., Linn-Mar; Linebackers — Matt Cerruto, sr., C.R. Xavier; Jay Teply, jr., C.R. Xavier; Dan Chmelar, sr., Dubuque Hempstead; Dylan Glaze, sr., Waterloo East.

Second Team Defense

Linebackers — Peter Lewison, sr., C.R. Jefferson; Matt Drapacek, sr., Dubuque Senior; Chad Heitz, sr., Dubuque Senior; Trevor Hixon, sr., Iowa City High; Linebackers — Chad Arp, sr., C.R. Xavier; James Groenewald, sr., Dubuque Hempstead; Nic Evans, sr., Iowa City High; Kwame Bevel, sr., Waterloo East; Backs — Cody Krup, sr., Dubuque Hempstead; Willie Hilkin, sr., Dubuque Senior; Kyle Espey, sr., Iowa City High; Andrew Reick, sr., Linn-Mar.

Valley Division

First team offense

Backs — Taylor Brooks, sr., Cedar Falls; Brady Curran, sr., Cedar Falls; Mike Kilby, jr., C.R. Prairie; Paki O'Meara, sr., C.R. Washington; Will Sues, sr., C.R. Washington; Zach Pena, sr., Waterloo West. Receivers — Ben Lamaek, sr., C.R. Jefferson; Chris Swift, sr., Dubuque Senior; Chris Russell, sr., Waterloo West. Linebackers — Christian Albrecth, sr., Cedar Falls; Brad Schieder, sr., Dubuque Hempstead; Matt Trosky, sr., C.R. Prairie; Ben Scott, sr., Iowa City West. Kicker — Jordan Grimm, jr., C.R. Kennedy.

First team defense

Linebackers — Adam Pickney, sr., C.R. Washington; Linebackers — Jordan Borcharding, sr., Cedar Falls; Joe Horak, Waterloo West. Receivers — Brady Loper, Cedar Falls; Teddy Shonka, C.R. Kennedy; Nick Lenzen, C.R. Washington; Nick Kunnert, Dubuque Senior; Linebackers — Mike Miller, sr., C.R. Kennedy; Mike Dolan, sr., C.R. Prairie; Robbie Krammer, sr., C.R. Prairie; Brandon Richman, sr., Dubuque Senior; Ross Samek, sr., Waterloo West. Backs — Nate Curran, sr., Cedar Falls; Matt Hartman, sr., Cedar Falls; Matt Hartman, sr., Cedar Falls; Will Windauer, sr., Iowa City West. Punter — Ryan Strotman, sr., Waterloo West.

Most valuable player

— O'Meara, C.R. Washington

Coach of the year

— Pat Mitchell, Cedar Falls

Second team offense

Linebackers — Ryan Laudick, Cedar Falls; Ron McVann, C.R. Kennedy; Brady Curran, sr., Cedar Falls; Chris Prior, C.R. Prairie; Ben Reutzel, C.R. Prairie; Matt Lampe, Dubuque Senior; Drew Bowers, Waterloo West. Linebackers — Andy Johnson, sr., C.R. Kennedy; Zach Topping, Iowa City West. Backs — Randy Shramek, C.R. Prairie; Steve Walker, C.R. Washington.

Second team defense

Linebackers — Ryan Laudick, Cedar Falls; Ron McVann, C.R. Kennedy; Brady Curran, sr., Cedar Falls; Chris Prior, C.R. Prairie; Ben Reutzel, C.R. Prairie; Matt Lampe, Dubuque Senior; Drew Bowers, Waterloo West. Linebackers — Andy Johnson, sr., C.R. Kennedy; Zach Topping, Iowa City West. Backs — Randy Shramek, C.R. Prairie; Steve Walker, C.R. Washington.

All-district

CLASS A DISTRICT 4

First team offense

Linebackers — John Grant, sr., Preston; Matt Spohn-Alger, sr., Linn-Mar; Josh Traver, sr., East Central; Chris Fisher, jr., Albion; Ansborn, jr., Edgewood-Colesburg; Kraig Sieger, sr., Edgewood-Colesburg; Mike Ahrendsen, sr., Olin; Mitch Blythe, jr., Central City. Running backs — Mike Peterson, sr., Preston; Chad Butters, sr., Albion; Eric Alinker, sr., East Buchanan; Chase Forkenbrock, sr., Edgewood-Colesburg. Quarterbacks — Trent Rasmussen, so., Linn-Mar; Corey Johnson, sr., Albion. Receiver — Dan Malloy, so., Springfield; Brock Silver, sr., Olin. Kicker — Mat Hansen, sr., Olin.

Most valuable player

— Colton Hansen, sr., Olin

First team defense

Linebackers — Joe Wenzel, jr., Preston; Brett Wukuhle, sr., East Buchanan; Josh Traver, sr., East Central; Chris Fisher, jr., Albion; Ansborn, jr., Edgewood-Colesburg; Kraig Sieger, sr., Edgewood-Colesburg; Mike Ahrendsen, sr., Olin; Mitch Blythe, jr., Central City. Running backs — Mike Peterson, sr., Preston; Chad Butters, sr., Albion; Eric Alinker, sr., East Buchanan; Chase Forkenbrock, sr., Edgewood-Colesburg. Quarterbacks — Trent Rasmussen, so., Linn-Mar; Corey Johnson, sr., Albion. Receiver — Dan Malloy, so., Springfield; Brock Silver, sr., Olin. Kicker — Mat Hansen, sr., Olin.

Second team offense

Linebackers — John Grant, sr., Preston; Matt Spohn-Alger, sr., Linn-Mar; Josh Traver, sr., East Central; Chris Fisher, jr., Albion; Ansborn, jr., Edgewood-Colesburg; Kraig Sieger, sr., Edgewood-Colesburg; Mike Ahrendsen, sr., Olin; Mitch Blythe, jr., Central City. Running backs — Mike Peterson, sr., Preston; Chad Butters, sr., Albion; Eric Alinker, sr., East Buchanan; Chase Forkenbrock, sr., Edgewood-Colesburg. Quarterbacks — Trent Rasmussen, so., Linn-Mar; Corey Johnson, sr., Albion. Receiver — Dan Malloy, so., Springfield; Brock Silver, sr., Olin. Kicker — Mat Hansen, sr., Olin.

Second team defense

Linebackers — John Grant, sr., Preston; Matt Spohn-Alger, sr., Linn-Mar; Josh Traver, sr., East Central; Chris Fisher, jr., Albion