

Lions pound C.R. Jefferson

By Jim Ecker
The Gazette

CEDAR RAPIDS — A lonely Cedar Rapids Jefferson fan slumped against a wall at Kingston Stadium Friday night, a cell phone propped to his ear.

"Mom?" he said. "Can you come get me? It ended early. In the third quarter. We got killed."

Then he hung up and waited for his ride.

That was the symbolic end of a perfectly awful night for the J-Hawks and a perfectly brilliant night for Deric Mickens and the Linn-Mar Lions. Linn-Mar won, 51-0, in one of the quickest Mississippi Valley football games in Metro history.

It ended with 7 minutes, 28 seconds left in the third quarter when Jon Krueger scored on a 19-yard run, forcing officials to invoke the 50-point mercy rule. Jefferson, winless at 0-5, never touched the ball in the second half.

Linn-Mar led, 45-0, at half-time, turning six Jefferson turnovers into quick scores.

"It was fumble, we're in. Fumble, we're in. Interception, we're in," Linn-Mar Coach Bob Read said. "I do feel bad about that."

He didn't feel nearly as bad as Jefferson Coach Jim Womochil.

"I don't want to say anything negative about our kids, because we do have a great group of kids," he said in the somber Jefferson locker room. "Have they had success? No."

Mickens, a 5-10, 185-pound senior with a washboard for a stomach, had a sensational first half for Linn-Mar. He scored four touchdowns, intercepted a pass, recovered a fumble and looked like an all-American.

"Oh, man," said Linn-Mar quarterback Clark Anderson, standing next to Mickens after the game. "I told him, he's a stud. He was all over the

place. He's an animal like that. He can play like that all the time."

Mickens ran 30 yards, 5 yards and 5 yards again for three TDs in the first half. He also turned a screen pass into a 77-yard touchdown, breaking tackles and stiff-arming the last defender to spring free.

"That run on the screen is probably one of the best runs I've seen in a long time from one of our fullbacks," Read said. "It was an outstanding run."

Mickens carried 15 times for 118 yards in the first half. The Lions received the second-half kickoff and Mickens got the ball five straight times, lugging the ball to the 50. Then Read took him out. It didn't matter.

Krueger scored easily from the 19 and it was over.

"I thought we played a really good game all-around," said Mickens, humbly stating the obvious.

If Mickens made a mistake all night, it was not visible to the naked eye. "I'll have to watch the film Monday to see if I get yelled at," he said.

Linn-Mar scored 31 points in the second quarter, turning a 14-0 lead into a 45-0 runaway. It went fumble, touchdown. Fumble, touchdown. Interception, touchdown. Fumble, touchdown. Fumble, field goal.

The Lions had two long drives for TDs — 79 yards and 96 yards — without the benefit of a Jefferson turnover.

Linn-Mar rolled up 307 yards in the first half, split almost evenly with 157 through the air and 150 on the ground.

"I didn't expect this," said Anderson, who passed for two touchdowns and ran for another. "We had a lot of luck that we haven't had in the past, and I think they had a lot of bad luck go their way. "We know how that feels."

Special teams guide Xavier in blowout

By Mark Dukes
News correspondent

CEDAR RAPIDS — You know it's your night when your punter muffs a snap, scrambles out of trouble and races 66 yards for a touchdown.

Such was Cedar Rapids Xavier punter Jon Geppert's exclamation-point, fourth-quarter contribution as the Saints rolled to a 38-0 victory over parochial school rival Dubuque Wahlert in a Mississippi Valley Conference football game Friday night.

Defense, special teams and special plays carried the Saints until the offense got untracked in the second half.

Nick Weber thrilled the homecoming crowd with his third punt return for a touchdown this season, a school-record 81-yarder with 34 seconds left in the half. Weber broke the school record this season with a 79-yard punt return for a TD against Iowa City High.

"It's one of those things that special teams are one-third of the game," Xavier Coach Duane Schulte said. "We work on it like everybody else, and you just hope it works in the game. All the guys need to do their job. Another thing is our scout team gives us good looks every day in practice."

Weber's score put Xavier on top 14-0.

"Good blocking was just the key," Weber said. "It was set up perfectly. I know Geppert had a great block on the way."

Saints rover Matt St. Andrews sparked his team on Wahlert's second play, knifing in front of a receiver to intercept a pass at the Golden

Eagle 33. He returned the ball to just short of the goal line.

Quarterback Mike Sayre, who threw two second-half TD passes, sneaked in the remaining yard with only 45 seconds gone.

Wahlert ran 38 plays to Xavier's 15 in the first half, yet trailed on the scoreboard, 17-0. The Golden Eagles (2-3) had 11- and 14-play drives result in nothing. Tailback Brennan McCarron was a workhorse, carrying 33 times for 138 yards, but Wahlert couldn't finish drives.

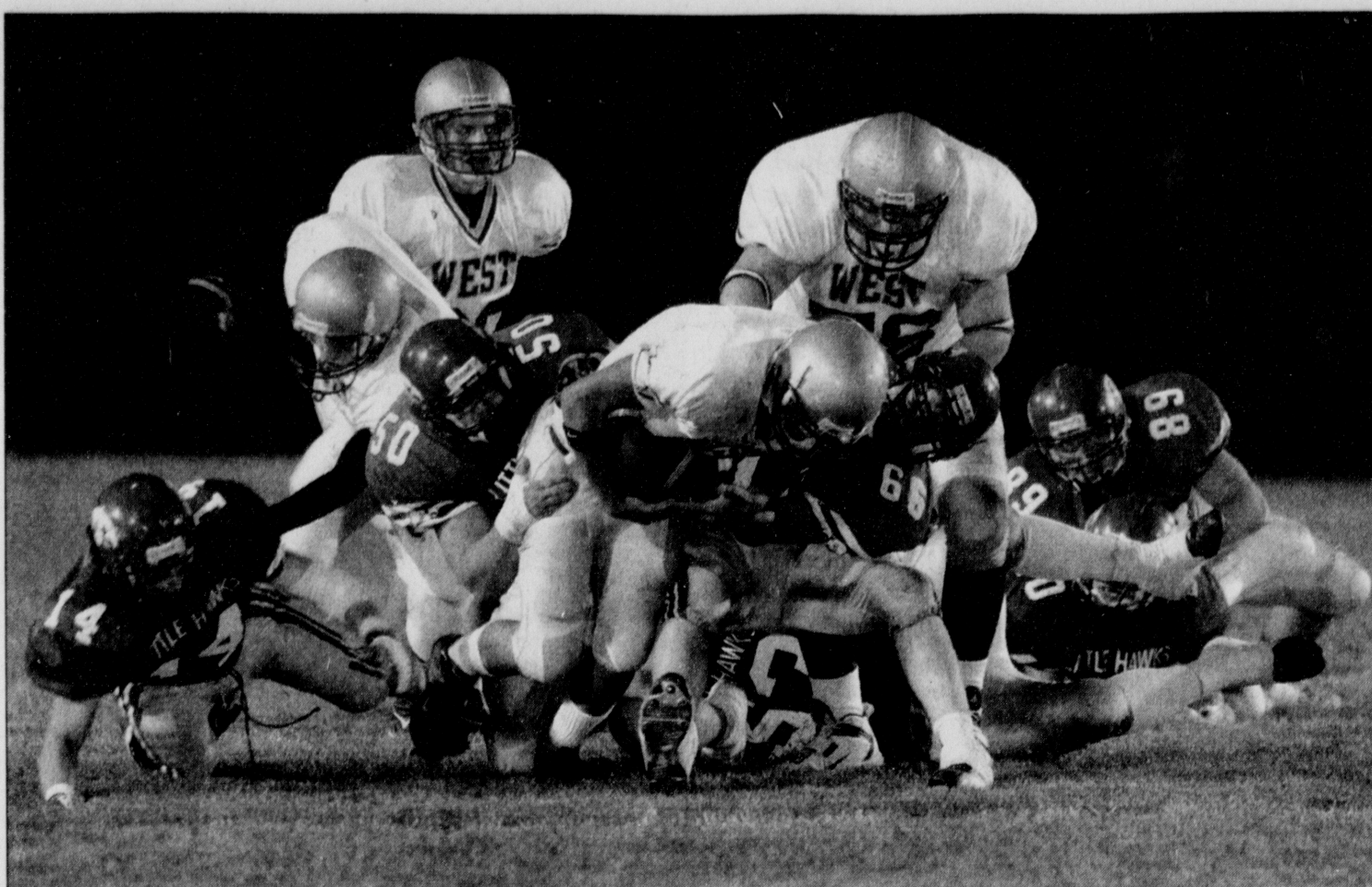
The Saints (5-0) scored twice in the last minute of the half. Weber's punt return was followed by a 33-yard field goal by Adam Valenta as the half expired.

The field goal was set up by a blocked punt by Danny Sheidek. Curiously, Wahlert ran running plays on first and second down, and called two timeouts. Xavier called timeout after stopping Wahlert on third down, setting up the blocked punt.

Weber ran a solid post pattern and Sayre threw a 27-yard touchdown pass on Xavier's second possession of the second half. Sayre connected with John Maher on a 20-yard TD pass with 8:28 remaining, putting Xavier ahead 31-0.

Xavier, ranked No. 8 in Class 4A, faces a daunting schedule the rest of the way. The Saints play No. 2 Cedar Rapids Washington Thursday at Kingston Stadium, then travel to No. 4 Iowa City West and unranked Cedar Rapids Prairie before closing at home against No. 10 Cedar Falls.

"This is analogous to the Iowa State and Iowa schedules this year," Schulte said. "It doesn't get easy in this league."



Brian Ray/The Gazette

Iowa City High's Cody Clabaugh (50) and Josh Koeppel (66) work to bring down Iowa City West's Ashton Winchel (81) during the first half of their game Friday in Iowa City.

Boot/West comes up empty in crucial quarter

► FROM PAGE 1C

41.5 points per game.

West had the ball inside the City 20-yard line three times in the third quarter but came away empty on each drive.

One time, West tailback Ashton Winchel, who has two 300-yard games this season, was stopped by Little Hawks Nick Nuhlenbruch and Greg Altmaier for one yard on 4th-and-2 from the 13. Defensive back Joel Rocca also stopped another drive with one of his three second-half interceptions, giving City High the ball at the 8.

"I knew it would be a tough matchup with our outstand-

ing defense and their outstanding offense," Rocca said. "It was going to come down to who was going to execute and stop the big plays."

"We just came up when there's big plays to be made. We've been doing it all year."

While the defense, which didn't allow an offensive touchdown in an upset win over No. 10 Cedar Falls last week, did its job, Eyman gave the Little Hawks the early momentum.

Faced with 4th-and-6 on his team's own 24 on the game's opening drive, Eyman went back in punt formation, but he had no intention of kicking the ball.

Instead, Eyman took off around right end and sprinted down the sideline 76 yards for a touchdown with 10:24 remaining.

"They overloaded us pretty bad. They only had two guys on the right side," Eyman said. "We had been working on it all week just for that situation. It was perfect. I was surprised how free it was."

"That was a big play. It gave us all the momentum."

City High came out throwing the football from the shotgun formation. And Kennedy, the team's quarterback, was clicking. The senior completed 19 of 29 passes for 279

yards, with one touchdown and two interceptions. Grenko caught eight passes for 141 yards, including the 66-yard touchdown with 6:33 left in the first.

Little Hawk tailback Phil Kenney gained 116 yards on 13 carries, including a 16-yard touchdown with 5:01 left.

"He was right on. He was just excellent," City High Coach Dan Sabers said of Kennedy. "Then in the second half, we were able to get a ground game going. Phil Kenney ran phenomenal."

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Warriors/Cedar Falls can't take advantage

► FROM PAGE 1C

quarter to either tie the game or go ahead, but all three failed.

The first came after quarterback Nick Nelson threw a beautiful 62-yard touchdown pass to Noah Dreyer to bring the Tigers within 13-12 with 10:17 left in the game. But the snap on the PAT attempt was mishandled, so the opportunity to tie the game went by the wayside.

After Washington punted, Cedar Falls moved the ball down to the 17, but a bad snap on a 24-yard field goal attempt again ruined a scoring opportunity, and the Warriors took over on their own 38.

The Tigers got the ball back one last time on the Washington 47 and were a team on the move. They were looking at a 1st-and-10 on the Warrior 10 when Nelson threw the ill-fated pass that was picked off by Cantrell at the 10 with

1:39 remaining.

The Warriors did welcome the return of junior tailback Travis Rhone who was forced to sit out a one-game suspension last week. Rhone dazzled a large crowd with 197 yards and a touchdown on 26 carries, which accounted for about four-fifths of the Washington's 251 rushing yards.

The Warriors' passing game was in shambles all night. Quarterback Warren Suess completed 3 of 14 passes for 28 yards and was picked off twice. He was intercepted twice in the first four games.

Nelson was much more effective for Cedar Falls, completing 12 of 25 for 202 yards with the one pick. The Washington defense limited the Tigers to 80 yards on the ground.

Washington led at halftime, 13-6, following a ragged first half in which the Warriors turned it over three times and the Tigers twice.

The Warriors struck first. After intercepting a Suess pass at their 22, the Tigers handed the ball to A.J. Manfull, who was popped from behind at the 23 and fumbled. The ball tumbled up to the 27 where it was picked up by Washington's Adrian Arrington, who sprinted down the right sideline and into the end zone at the 9:20 mark of the first quarter.

Then after two field goals by Michael Hanish, Washington's offense added another touchdown when Rhone took a handoff from Suess, shedded would-be tacklers near the line of scrimmage, and scampered 43 yards with 7:04 left in the half.

Washington hosts Xavier in another battle of MVC Valley Division heavyweights Thursday night at Kingston Stadium. Cedar Falls hosts Waterloo West back the dome.

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Kennedy holds off Waterloo West

WATERLOO — Cedar Rapids Kennedy built a 21-10 lead and held on to defeat Waterloo West, 21-18, in a prep football game Friday night.

Kennedy's defense held West to one first down and 29 yards in the second half.

Derek Hinke caught a 51-yard touchdown pass from Mark Paterson with 7:55 left in the fourth quarter to give the Cougars (1-4) a 21-10 lead.

David Banks ran ensuing kickoff back 88 yards for West, but the Wahawks were held scoreless on their final two possessions.

Curtis Meier scored on a 62-yard run with 1:33 left in the third quarter for Kennedy. Meier finished with 128 yards rushing on 26 carries.

Paterson threw a 27-yard TD pass to Brad Christensen, completing 11 of 19 passes for 189 yards. Kennedy had 330 yards of total offense, with 206 coming in the second half.

Turnovers doom Prairie in loss to Hempstead

By Mike Finn
News correspondent

CEDAR RAPIDS — Momentum means little when you give it — and the football — away.

That's the lesson Cedar Rapids Prairie learned in seeing Dubuque Hempstead make the most of three second half turnovers by the Hawks — including a pair on Prairie first two drives in the second half — as the Mustangs defeated Prairie, 14-11 at John Wall Field last night. "Turnovers equated into points," said Prairie Coach Craig Jelinek, who saw his team drop to 1-4 on the season. "Our turnovers killed us again."

What made it even tougher for the Hawks on their homecoming night is that Prairie had created two turnovers of their own in the first 30 minutes, including a fumble recovery in their own end zone for a touchdown on the final play of the first half.

That recovery by Prairie's Spencer Stumpff, after Hempstead's Adam Gross caught a 49-yard pass to Prairie's six-yard line before fumbling in-

to the end zone preserved a 3-0 halftime lead by Hawks who entered the game with nine takeaways in their last two games, including six against Cedar Rapids Kennedy one week earlier when the Hawks rallied from a 21-7 halftime deficit to win 24-21.

"At halftime, we had a nice little discussion of intensity and we came out to play," said Hempstead Coach Mark Ehlers. "We needed to strip the ball. It was hanging out there so we needed to go for it."

All the momentum Prairie had in the first half disappeared as the ball disappeared from the hands of T.J. Collins as he busted up the middle but lost the ball the Prairie 39 when Ron Runde recovered the ball.

That 7-play 39-yard drive that ended when Ben Hemesath ran three yards off left guard into the end zone for Hempstead's first points. Ben Haun kicked the extra point to give the Mustangs a 7-3 lead with 8:07.

In less than 30 seconds later, Prairie found itself down 14-3 after Hemesath busted

loose for 10 yards on the first play of a short drive that started deep in Prairie territory when Hempstead's Gross intercepted a pass at the Prairie 30 and returned the ball to the 10.

Hemesath literally carried the load for the Mustangs as the 205-pound fullback gained 150 yards on 24 carries to wear down the Hawks. Ninety-nine of those yards came in the second half as Hempstead stay on the ground for much of the final 30 minutes.

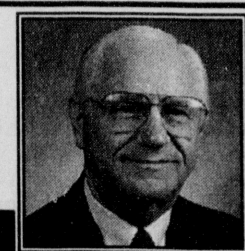
"He's such a nice runner. He made some nice cuts and kept us in the game," said Ehlers, who saw his team raise its record to 4-1. "We came away with a victory and we're happy."

Making matters worse for Prairie is that several players were carried off the field,

including Collins on Prairie's third drive of the second half.

The Hawks did fight back and pulled within three points after Prairie quarterback hooked up with Glen Fox for a 17-yard touchdown with just over eight minutes to go in the game. This one-play scoring drive came after Paul Jansa blocked a punt in Hempstead territory.

Prairie escaped a disaster with seconds left in the first half when Hempstead quarterback Brian Putnam found Adam Gross for a 49-yard completion, but he fumbled and Prairie recovered for a touchdown.



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Girls' swimming

Oil Is Swimming

IGHSAU Power Ratings

(Released Oct. 3)

Teams — 1. West Des Moines Valley 1,535, 2. Cedar Falls 1,478, 3. Beffertorf 1,467, 4. C.R. Jefferson 1,325, 5. Iowa City West 1,299

6. Pleasant Valley 1,256, 7. Ankeny
223, 8. Ames 1,141, 9. C.R. Kennedy
125, 10. West Des Moines Dowling
124
11. Carroll 1,110, 12. Council Bluffs
Lewis Central 1,099, 13. Des Moines
Roosevelt 1,098, 14. C.R. Washington
1,095, 15. Spencer 1,090
16. C.R. Prairie-Williamsburg 1,076,

Other area schools: 28. Decorah 751, 29. Iowa City High 717, 33. Linn-Mar 612, 36. Tipton 691, 50. C.R. Xavier 296.

55.22, 3. Ashley Lawler (Iowa City West) 1:56.15, 4. Melinda Schulte (WDM Valley) 2:00.63, 5. Lindsey Behrens (C.B. Lewis Central) 2:01.31.

6. Betsy Grover (Sioux City Metro) 2:01.47, 7. Lauren Taiman (Iowa City West) 2:01.52, 8. Aubrey Weip (Des Moines North) 2:01.66, 9. Whitney Woodruff (C.R. Jefferson) 2:01.86, 10. Liz

11. Natalie Clark (Marshalltown) 2:02.13, 12. Anna Kampling (Iowa City West) 2:02.14, 13. Heather Gray (Iowa City High) 2:02.43, 14. Nicky Wieben (Ankeny) 2:02.58, 15. Jennifer Berge (Pleasant Valley) 2:02.89.

16. Shannon Nelson (Davenport West) 2:03.15, 17. Emily Bensink (New-

19. Krysten Redinbaugh (Cedar Rapids, Iowa)
2:03.42 20. Lauren Origer (WDA)

Other area swimmers: 22. Jacqueline Astor (Iowa City West) 2:04.37, 25. Ashley Rusch (C.R. Kennedy) 2:05.04, 29. April Mangrich (C.R. Jefferson) 2:06.42, 30. Paige Knebel (Iowa City High) 2:06.42, 33. Ashley Matteson (C.R. Prairie-Williamsburg) 2:06.85, 36. Annie Jones (C.R. Prairie-Williamsburg) 2:07.03.

200 INDIVIDUAL MEDLEY

1. Lauren Hohnstein (Cedar Falls)
2. Andrea Ryan (Bettendorf)

14:72, 2. Andrea Kyatt (Berthoud)
15:65, 3. Behrens (C.B. Lewis Central)
16:13, 4. Schulte (WDM Valley) 2:16,26,
5. Rusch (C.R. Kennedy) 2:16,92
6. Taiman (Iowa City West) 2:17,17,
7. Stacia Johns (C.R. Prairie-Williams-
burg) 2:17,50, 8. Ella Doerge (WDM
Valley) 2:17,55, 9. Welp (Des Moines
North) 2:17,91, 10. Lawler (Iowa City
West) 2:17,99

11. Horvat (Pleasant Valley) 2:18.41,
12. Kayla Bowcutt (WDM Valley)
2:18.55, 13. Ashley Mangrich (C.R. Jefferson)
2:18.61, 14. Loneragan (Bettendorf)
2:18.72, 15. Melissa Eggleston
(Ankeny) 2:19.50
16. Audrey Sloan (WDM Valley)
2:19.83, 17. Amanda Wiecks (Cedar
Falls) 2:19.95, 18. Abby Kremer (Mar-

Other area swimmers: 33. Amanda Mickelson (Linn-Mar) 2:24.96, 36. Jones (C.R. Prairie-Williamsburg) 2:25.11, 38. Heather Youngberg (C.R. Kennedy) 2:25.26, 44. Holly Broadwater (C.R. Washington) 2:25.97, 48. Jody Olsen (Iowa City-Gilman) 2:26.47, 55. Amanda Burt (C.R. Kennedy) 2:26.57.

Waukegan City High) 2:26.87, 53. Megan Burkman (Linn-Mar) 2:27.65, 61. Astor (Iowa City West) 2:28.34, 70. Kari Kolsrud (C.R. Washington) 2:30.39, 71. Andrea Schubert (Iowa City West) 2:30.46.

50 FREESTYLE

1. Schulte (WDM Valley) 24.23, 2. Bensink (Newton/Colfax-Mingo/Pella) 24.55, 3. Alexia Murray (Dubuque Wah-

ert) 25.42, 4. Wieben (Ankeny) 25.43, 5. Behrens (C.B. Lewis Central) 25.52
6. Hannah Sebek (C.B. Lewis Central) 25.52, 7. Heather Hartman (Pleasant Valley) 25.53, 8. Jennifer Kuiken (Fairfield) 25.55, 9. Tereca Johnson (Des Moines Lincoln) 25.56, 10. Jamie Keefer (Spencer) 25.63
11. Anne Morgan (Spencer) 25.63,

12. Amanda Firman (Cedar Falls) 25.72,
13. Katie Fairlie (C.R. Kennedy) 25.91,
14. Hayley Fry (Linn-Mar) 25.93, 15.
Kamplung (Iowa City West) 25.95
16. Johanna Wubbena (Fort Dodge)
26.05, 17. Mattie Thompson (Cedar
Falls) 26.15, 18. Liz Wong (Urban-
dale/Johnston) 26.15, 19. Kathleen Rami-
rez (WDM Dowling) 26.16, 20. Jenni
Domingo (Charles City) 26.38

Other area swimmers: 29. Burkman (Linn-Mar) 26.51, 34. Whitney Gorsinger (C.R. Jefferson) 26.61, 36. Jordan Banes (C.R. Prairie-Williamsburg) 26.65, 39. Kolsrud (C.R. Washington) 26.67, 48. Gray (Iowa City High) 26.78, 52. Melissa LaFrenz (Tipton) 26.85, 57. Rachel Halder (C.R. Prairie-Williamsburg) 26.89, 60. Stephanie Liebe (Iowa City West)

26.94, 63. Schiapkohl (Iowa City West)
27.03, 64. Claire Mattison (C.R. Wash-
ington) 27.04, 67. Molly Mildern (C.R. Wash-
ington) 27.11.

100 BUTTERFLY

1. Emily Welborn (Keokuk) 59.65, 2.
Schulte (WDM Valley) 59.88, 3. **Kampl-**
ing (Iowa City West) 1:00.35, 4. Grover
(Fisher, City of Antwerp) 1:03.09, 5. C. C. C.

1:01.05, 5. Gray
(Iowa City High) 1:01.25
6. Wodstrchill (C.R. Jefferson)
1:01.58, 7. Lehenbauer (Bettendorf)
1:02.14, 8. Rusch (C.R. Kennedy) 1:02.45,
9. Doerge (WDM Valley) 1:02.62, 10.
Sebek (C.B. Lewis Central) 1:02.67
11. Lonergan (Bettendorf) 1:03.08,
12. Marin Bisdorf (Ankeny) 1:03.19, 13.
Behrens (C.R. Lewis Central) 1:03.46, 14.

Shannon Nelson (Davenport West)
1:03.61, 15. Kupresin (Pleasant Valley)
1:03.62
16. Katy Jay (Ottumwa) 1:03.77, 17.
Bensink (Newton/Colfax-Mingo/Pella)
1:04.07, 18. Welp (Des Moines North)
1:04.24, 19. A. Sloan (WDM Valley)
1:04.38, 20. Andrea Schubert (Iowa City
West) 1:04.48

Other area swimmers: 24. Youngberg (C.R. Kennedy) 1:05.23, 32. Lindsey Kurtz (C.R. Kennedy) 1:06.07, 43. Mackay (Iowa City High) 1:06.82, 56. Jones (C.R. Prairie-Williamsburg) 1:08.22, 58. Gorsegnier (C.R. Jefferson) 1:08.83, 64. Ainslee Barnes (Linn-Mar) 1:09.36, 67. Kolsrud (C.R. Washington) 1:09.49.

1. Bensink (Newton/Colfax-Mingo/Pella) 54.36, 2. Goldstein (Pleasant Valley) 54.43, 3. Hohnstein (Cedar Falls) 54.49, 4. Schulte (West Des Moines Valley) 54.84, 5. **Lawler (Iowa City West) 55.02**

6. Fry (Linn-Mar) 55.05, 7. Behrens (C.B. Lewis Central) 55.05, 8. Wieben (Ankeny) 55.31, 9. Heather Hartman

(Pleasant Valley) 55.44, 10. Clark (Marshalltown) 55.56

11. Wong (Urbandale/Johnston) 55.99, 12. **Youngberg (C.R. Kennedy)** 56.19, 13. Caitlyn Carlyle (Carroll) 56.21, 14. **Talman (Iowa City West)** 56.49, 15. Grover (Sioux City Metro) 56.53

16. Welp (Des Moines North) 56.58, 17. Firman (Cedar Falls) 56.62, 18.

Broadwater (C.R. Washington) 56.71, 19.
Sebek (C.B. Lewis Central) 56.87, 20.
Kuiken (Fairfield) 57.22

Other area swimmers: 23. **Kelly Marine (C.R. Prairie-Williamsburg)** 57.35, 27. **Astor (Iowa City West)** 57.51, 36. **Hadow (C.R. Washington)** 58.53, 38. **Schlapkovich (Iowa City West)** 58.61, 39. **Fairlie (C.R. Kennedy)** 58.62, 40. **MacK-**

ay (Iowa City High) 58.63, 41. Alicia
Liebe (Iowa City West) 58.78, 44. Banics
(C.R. Prairie-Williamsburg) 58.88, 45.
Haider (C.R. Prairie-Williamsburg)
58.88, 55. Casey Sherman (Iowa City
High) 59.30, 69. Hackney (C.R. Kennedy)
59.96, 73. Knebel (Iowa City High)
1:00.09.

500 FREESTYLE

1. Lawler (Iowa City West) 5:02.28, 2. Lonergan (Beltendorf) 5:03.80, 3. Wells (Des Moines North) 5:21.19, 4. Goldstein (Pleasant Valley) 5:23.28, 5. Schulte (WDM Valley) 5:25.71
6. Wieben (Ankeny) 5:26.27, 7. Behrens (C.B. Lewis Central) 5:26.29, 8. Talmann (Iowa City West) 5:26.67, 9. Horval (Pleasant Valley) 5:26.82, 10.

Clark (Marshalltown) 5:27.20
11. Berge (Pleasant Valley) 5:29.57.
12. Lehenbauer (Beltendorf) 5:30.81, 13.
Origer (WDM Valley) 5:33.52, 14.
Kampling (Iowa City West) 5:34.11, 15.
Apr. Mangrich (C.R. Jefferson) 5:34.54
16. Redinbaugh (Cedar Falls)
5:35.11, 17. Ally Green (Bettendorf)
5:35.40, 18. Jackie Itzen (Cedar Falls)
5:35.44, 19. Butcher (Barnes, Cedar Falls)
5:35.44, 20. Butcher (Barnes, Cedar Falls)

5:35.36, 19. Astor (Iowa City West)
5:36.01, 20. Keegan Winterhof (Cedar
Falls) 5:36.74